

# Camp Menu



## Sunday

**B  
R  
E  
A  
K  
F  
A  
S  
T**  
Scrambled Eggs  
Turkey Sausage Patty  
Biscuit  
Cereal & Fruit  
O. J / Milk  
Oatmeal  
Yogurt  
Meatless Option  
Vegetarian-Sausage Link

**L  
U  
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C  
H**  
Pulled Pork Sandwich  
Coleslaw  
Chips  
Salad Bar  
Water  
Meatless Option  
Veggie Burger

**D  
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N  
N  
E  
R**  
Chicken Penne Pasta w/  
Alfredo Sauce  
Seasonal Vegetables  
Garlic Bread  
Salad Bar  
Lemonade  
Dessert  
Meatless Option  
Penne Pasta w/Alfredo Sauce

## Monday

Belgian Sugar Waffles  
Turkey Sausage Link (2)  
Tater Tots  
Cereal & Fruit  
O. J / Milk  
Oatmeal  
Yogurt  
Meatless Option  
Vegetarian-Sausage Patty

Pepperoni Pizza  
Cheese Pizza  
Fruit  
Salad Bar  
Water  
Meatless Option  
Veggie Pizza

Pasta Bolognese  
Seasonal Vegetables  
Hawaiian Roll  
Soup & Salad Bar  
Lemonade  
Dessert  
Meatless Option  
Meatless Marinara Sauce

## Tuesday

Scrambled Eggs  
Turkey Sausage Patty  
Cube Potatoes  
Cereal & Fruit  
O. J / Milk  
Oatmeal  
Yogurt  
Meatless Option  
Vegetarian-Sausage Link

Cheeseburger  
French Fries  
Fruit  
Salad Bar  
Water  
Meatless Option  
Veggie Burger

Roasted Chicken  
W/ Mashed Potato  
Seasonal Vegetables  
Soup & Salad Bar  
Lemonade  
Churro  
Meatless Option  
Meatless Tacos

## Wednesday

French Toast  
Turkey Sausage Link (2)  
Tater Tots  
Cereal & Fruit  
O. J / Milk  
Oatmeal  
Yogurt  
Meatless Option  
Vegetarian-Sausage Link

Baked Mac & Cheese  
Chicken Strips  
Fruit  
Salad Bar  
Water  
Meatless Option  
Baked Mac & Cheese

Hardshell Beef Tacos  
Mexican Rice  
Hawaiian Roll  
Soup & Salad Bar  
Lemonade  
Dessert  
Meatless Option  
Meatless Marinara  
Sauce

## Thursday

Belgian Chocolate Waffle  
Bacon  
Cube Potatoes  
Cereal & Fruit  
O. J / Milk  
Oatmeal  
Yogurt  
Meatless Option  
Vegetarian-Sausage Patty

Breaded Breast Sandwich  
Chips  
Fruit  
Salad Bar  
Water  
Meatless Option  
Burrito W/ Rice & Beans

Orange Chicken  
Rice  
Seasonal Vegetables  
Soup & Salad Bar  
Lemonade  
Dessert  
Meatless Option  
Teriyaki Stir-Fry Veggies

## Friday

Scrambled Eggs  
Turkey Sausage Patty  
Biscuit  
Cereal & Fruit  
O. J / Milk  
Oatmeal  
Yogurt  
Meatless Option  
Vegetarian-Sausage Link

Beef Burrito  
Rice, Beans, & Potato  
Salad Bar  
Water  
Meatless Option  
BBQ Veggie Burger

Tri-Tip  
Roasted Potatoes  
Green Beans  
Soup & Salad Bar  
Lemonade  
Dessert  
Meatless Option  
Veggie Beef Strips

## Saturday

French Toast  
Turkey Sausage Link (2)  
Tater Tots  
Cereal & Fruit  
O. J / Milk  
Oatmeal  
Yogurt  
Meatless Option  
Vegetarian-Sausage Patty

Cheeseburger  
French Fries  
Fruit  
Salad Bar  
Water  
Meatless Option  
Stir-Fry Veggies

BBQ Baby Back Ribs  
Mac & Cheese  
Seasonal Vegetables  
Soup & Salad Bar  
Lemonade  
Dessert  
Meatless Option  
Veggie Chicken Patty